



Wingbats Screen Time Policy

Wingbats is committed to providing a balanced environment that promotes children's physical, social, and emotional wellbeing. We recognise that excessive screen time can reduce opportunities for active play, creative experiences, and positive interactions with others, all of which are essential for healthy development.

For the purpose of this policy, screen time includes the use of televisions, projectors, or any other devices used to display visual media during club sessions.

To support a healthy balance of activities, Wingbats limits screen time to 30 minutes per session.

For example:

- **3:30 pm – 4:00 pm** (30 minutes) or
- **4:30 pm – 5:00 pm** (30 minutes)

Outside of these designated times, children will be encouraged to participate in a variety of activities, including physical play, creative experiences, social interaction, and independent or group games.

Exceptional Circumstances

There may be occasions when adjustments to scheduled screen time are appropriate. These may include:

- Adverse weather conditions, such as heavy rain or cold weather, that prevent outdoor play.
- Periods of extreme heat, where quieter indoor activities are recommended to reduce physical exertion.
- Other exceptional circumstances where staff determine that a more relaxed session is in the best interests of the children.

In these situations, staff will use their professional judgement to determine whether screen time should be increased or decreased, ensuring that any changes continue to support the children's wellbeing and provide a balanced program of activities.

This policy will be reviewed regularly to ensure it continues to reflect current best practice and meets the needs of the children attending Wingbats.

This policy was adopted by: Wingbats	Date: June 2026
To be reviewed: June 2027	Signed: Georgie Fagan