



West Byfleet Infant School
We Belong, Inspire, Succeed

PE POLICY



Our school vision is 'We Belong, Inspire, Succeed'. This reminds us daily that children need to feel safe and secure within the school community, have opportunities to inspire their interests and an enthusiasm for learning, as well as achieving success at all levels.

West Byfleet Infant School is proud to be a Get Set 4 PE school. Our intent is that EVERY child is at the centre of their learning, by having opportunities to grow as individuals and learners. By ensuring that our PE lessons are centred around the child, they allow the development of fundamental movement skills and positive learning behaviours to enable children to be successful in the classroom and in later life.

Member of staff responsible	PE Subject Leader – Shelley Dixon
Date Policy Produced	Autumn 2025
Policy agreed/last reviewed	Autumn 2025
Next review date	Autumn 2026
Other Related Policies	Health and Safety Policy
Is it a Statutory Policy?	No
Does it need Governor approval?	No

Physical Education Policy

Aims of our PE curriculum

At West Byfleet Infant School we recognise the importance PE plays in the curriculum and are committed to providing all children with opportunities to engage fully in Physical Education. The aim of our PE programme is to develop children's basic physical competencies, build confidence in their ability and build the foundations for a lifelong love of sport, physical activity and a healthy lifestyle. PE lessons encourage children to compete against themselves and others whilst being challenged to improve their physical, social, emotional and thinking skills. These skills are embedded in the heart of our planning. Our objectives in the teaching of PE align with the National Curriculum in that we aim to ensure all pupils:

- Develop competence to excel in a broad range of physical activities
- Are physically active for sustained periods of time
- Engage in competitive sports and activities
- Lead healthy, active lives

Teaching and learning

Our PE lessons are planned using the Get Set 4 PE platform, which aligns with our core values, our whole child approach to PE and the objectives laid out in the National Curriculum. Get Set 4 PE is planned so that progression is built into the scheme which ensures our children are increasingly challenged as they move up through the school. The curriculum planning in PE is carried out in three phases (long-term, medium-term and short-term). The long-term plan maps out the PE activities covered in each term during the key stage. The PE subject leader works this out in conjunction with teaching colleagues and pupils in each year group. Together we create a broad and balanced curriculum that is exciting for our children to learn through. Our medium-term plans give details of each unit of work for each term. These schemes of work provide an overview of the unit, links to other areas of the National Curriculum and assessment criteria for that unit. The short-term lesson plans provide opportunities for children of all abilities to develop their skills, knowledge and understanding in each activity area.

EYFS

We encourage the physical development of our children in the reception classes as an integral part of their work. As these classes are part of the Foundation Stage of the National Curriculum, we relate the physical development of the children to the objectives set out in the Early Learning Goals, which underpin the curriculum planning for children aged four to five years of age.

We encourage the children to develop confidence and control of the way they move, and the way they handle tools and equipment. We give all children the opportunity to undertake activities that offer appropriate physical challenge, both indoors and outdoors, using a wide range of resources to support specific skills.

Assessment

Our teachers assess the children's work in PE, both by making informal judgements, as they observe them during lessons, and through assessing against the specific objectives set out in the National Curriculum and recorded using the Get Set 4 PE assessment software. We have clear expectations of what the pupils will know, understand and be able to do at the end of each Key Stage. Teachers are supported with resources to know how to prepare children for their next phase of education. These

resources include the Get Set 4 PE progression of skills document, progression ladders and knowledge organisers.

Monitoring and Reviewing

The planning and coordination of the teaching of PE is the responsibility of the subject leader, who:

- Supports colleagues in their teaching, providing a strategic lead and direction;
- Evaluates the strengths and areas for development in the subject through staff and pupil voice questionnaires;
- Reviews evidence of the children's work and observes PE lessons.

The quality of teaching and learning in PE is monitored and evaluated by the subject leader and is overseen by the curriculum leader.

Health and Safety

We recognise that participation in PE and Physical Activities contain an element of risk. Staff are responsible for ensuring that they are familiar with safe practice to reduce the element of risk to the absolute minimum within their control.

Staff are aware of pupils who have special educational needs and medical requirements with regards to physical activity and make provision for needs where appropriate e.g. physical disability, asthma. Staff know about the safe practices involved in moving and using apparatus. Equipment and apparatus are stored safely at the end of each lesson.

Pupils wear appropriate clothing, remove jewellery and tie back long hair. Removal of earrings is best practice and recommended for health and safety reasons at WBIS. All children should have the opportunity to take part in PE. If removal of earring is not possible, please ensure that they are taped on PE days to avoid snagging or pulling. If earrings are being taped the teacher must decide if the taping is adequate. Taping would need to be done at home but the school can assist when deemed necessary.

Pupils may be asked to remove shoes when participating in indoor activities such as gymnastics and dance. Correct use of equipment is taught along with any potential hazards, including completing a risk assessment for each area/ space that PE and school sport takes place in. Pupils are taught to consider their own safety and that of others at all times.

Teaching staff should be appropriately dressed to teach PE. We undertake Risk Assessments of the school premises and areas where PE is taught and equipment including PE equipment (PE Lead) as necessary. Risk Assessments are in place for all school sporting trips.

Indoor Session	Outdoor Session
<ul style="list-style-type: none">• Blue logo / non-logo school t-shirt• Navy blue shorts or leggings• Children will be barefoot while participating in gym• Hair below the shoulder must be tied up with a soft hairband.	<ul style="list-style-type: none">• Blue logo / non-logo school t-shirt• Navy blue shorts, legging or joggers• Trainers (no plimsolls)• If your child chooses to wear a jumper in their session, it must have no hood (normal school jumper or cardigan can be worn).• Hair below the shoulder must be tied up with a soft hairband.