



West Byfleet Infant School
We Belong, Inspire, Succeed

Relationships and Sex Education Policy



Our school vision is 'We Belong, Inspire, Succeed'. This reminds us daily that children need to feel safe and secure within the school community, have opportunities to inspire their interests and an enthusiasm for learning, as well as achieving success at all levels.

At West Byfleet Infant School we believe that age appropriate relationships and sex (RSE) learning will support children's safeguarding.

The focus in our school is on teaching the fundamental building blocks and characteristics of positive relationships, with particular reference to friendships, family relationships and relationships with other children and with adults.

The Relationships Education, RSE and Health Education (England) Regulations 2019 have made Relationships Education compulsory in all primary schools

Member of staff responsible	Head teacher
Date Policy Produced	Spring 2024
Policy agreed/last reviewed	Spring 2025
Next review date	Spring 2026
Other Related Policies	PSHE, Safeguarding Policy
Is it a Statutory Policy?	Yes
Does it need Governor approval?	No - Headteacher

At West Byfleet Infant School, we believe that age-appropriate Relationships and Sex (RSE) learning will support children's safeguarding.

The focus in our school is, teaching the fundamental building blocks and characteristics of positive relationships, with particular reference to friendships, family relationships, and relationships with other children and with adults.

The Relationships Education, RSE, and Health Education (England) Regulations 2019 have made Relationships Education compulsory in all primary schools. There was a review of the Relationships and Sex Education in May 2024 with recommendations for settings.

Aims:

1. To teach RSE in an age-appropriate way in order to support children's development around healthy relationships
2. To ensure children understand how to safeguard themselves and to ensure they understand who is a safe person to speak to.

We have chosen SCARF as our RSE resource and mapping of concepts because the lessons build upon children's prior learning; we have assessed the content and feel that it is relevant and sensitive to the needs of the children.

There is planned progression across the SCARF scheme of work, so that children are increasingly and appropriately challenged as they move up through the school. RSE is embedded into each PSHE lesson. Pupils will be taught about what a relationship is, what friendship is, what family means and who the people are who can support them. From the beginning of a pupils school journey with us, they will be taught how to take turns, how to treat each other with kindness, consideration and respect, the importance of honesty and truthfulness, permission seeking and giving, and the concept of personal privacy.

Pupils will be taught about establishing personal space and boundaries, showing respect and understanding the differences between appropriate and inappropriate or unsafe physical contact.

Respect for others should be taught in an age-appropriate way, in terms of understanding one's own and others' boundaries in play, in negotiations about space, toys, books, resources and so on.

From EYFS, teachers should talk explicitly about the features of healthy friendships, family relationships and other relationships which young children are likely to encounter. Drawing attention to these in a range of contexts should enable pupils to form a strong early understanding of the features of relationships that are likely to lead to happiness and security. This will also help them to recognise any less positive relationships when they encounter them.

The principles of positive relationships also apply online. When teaching relationships content, teachers should address online safety and appropriate behaviour in a way that is relevant to pupils' lives. Teachers should include content on how information and data is shared and used in all contexts, including online; for example, sharing pictures, understanding that many websites are businesses and how sites may use information provided by users in ways they might not expect.

Curriculum:

- The RSE curriculum is embedded into our PSHE lessons and is split into Year 1 and Year 2 expectations – see PSHE planning.
- EYFS have a separate set of expectations – many objectives support the PSE area of learning within the EYFS framework.
- Children will learn:
 - To name body parts
 - ways in which to keep themselves clean
 - know how to keep themselves safe and who to speak to if they are concerned
(see RSE planning for specific objectives)

The Curriculum was planned with consideration of Science Curriculum objectives and Department for Education Statutory Guidance objectives.

Teaching and Learning

PSHE lessons are taught by a familiar known adult once a week in their timetabled PSHE lesson, throughout the whole year in their usual classes, in mixed sex groupings, using a range of interactive teaching methods,

e.g. activity sheets, films, songs, online games, and drama techniques. Teachers will answer children's questions factually and honestly in an age appropriate way and respond to any disclosures following the schools safeguarding procedures/child protection policy.

Our school acknowledges different ethnic, religious and cultural attitudes, as well as recognising that pupils may come from a variety of family situations and home backgrounds. These different families are acknowledged through our teaching and the use of resources that promote diversity and inclusion in Relationships Education.

Recording

Many RSE lessons will not need to be formally recorded, however, teachers are expected to record summative assessment notes onto their planning.

Where possible, at least one piece of RSE will be recorded across the year to ensure consistency and for the PSHE lead to monitor and evaluate the impact of lessons.

Monitoring and Evaluation:

The PSHE Leader will monitor delivery of the RSE lessons during the year.

Discussions with teaching staff will take place before the lessons are shared to address any concerns or misconceptions.

This will help to ensure consistent and coherent curriculum provision across the key stages.

Questionnaires with staff will ascertain staff confidence/abilities to deliver the curriculum and the RSE requirements within it.

Reporting to parents:

The RSE planning overview and objectives that the children experience are shared with parents via the Curriculum Tab on our school website.

Parents were consulted in February 2022 when developing PSHE and RSE and if any changes are made in the future we will inform parent community.

Parents/carers can't withdraw their child from relationships or health education.

Parents have the right to request that their child be withdrawn from some or all of the non-statutory 'Sex Education' content. They do not have a right to withdraw their children from those aspects of Sex Education that are taught in the statutory National Curriculum Science and Health Education.

Parents should be given every opportunity to understand the purpose and content of Relationships and Sex Education.

If parents have concerns about the content within the PSHE / RSE Curriculum they are encouraged to speak to the Headteacher.