



Relationship Sex Education at West Byfleet Infant School 2023

Thank you for joining this parent consultation.
The title Relationship Sex Education- RSE

Reason for this consultation is to ensure parents are happy with when and how RSE lessons are taught. We will not be teaching the act of sex or sexual relationships- this is not age appropriate for our Early Years and Key-stage 1 children.

As a school and using SCARF planning, we have taken out any references to sex including an optional lesson called where babies come from.

The government set guidance for schools on what to teach in RSE in 2020. In the guidance it states parents can withdraw children from sex education but not from the relationship and health lessons.

Parents at West Byfleet Infants will be unable to withdraw from RSE/PSHE lessons, because we do not teach sex education.



What is Relationships Education?

Relationships Education in primary schools should teach the fundamental building blocks and characteristics of positive relationships, with particular reference to friendships, family relationships, and relationships with other peers and adults. At Coram Life Education we believe that children should learn about relationships as well as the emotional, social and physical aspects of growing up, human sexuality and sexual health, in an age-appropriate way. This goes beyond learning about relationships, to include puberty, how a baby is conceived and born, body ownership, and safeguarding. Although we refer to our resources as our Relationship Education programme, they also include elements of Health Education as well as non-statutory sex education. Therefore we often refer to the content as RSE: Relationships and Sex Education.

Our RSE lessons are a key part of SCARF – our programme and resources for schools which provides much more than a PSHE scheme of work. SCARF provides the framework for a whole-school approach to improving children’s wellbeing and attainment, based on the five SCARF values of safety (S), caring (C), achievement (A), resilience (R) and friendship (F).

Our Relationships and Sex Education resources help children and young people to be safe, healthy and happy as they grow, and in their future lives. Delivered as part of PSHE (England) RSHP (Scotland) or Science, they help schools meet their current SMSC development, safeguarding, and emotional wellbeing requirements, as well as ensuring that they meet the requirements of the DfE Primary Relationships, Sex and Health Education Curriculum, and National Curriculum Science from 2020. In the following pages you will see how our programme builds each year, introducing each theme in an age-appropriate way.

Reception content

- Seasons and change
- Life stages in plants, animals and humans
- Getting bigger
- Me and my body
- Looking after my special people
- Looking after my friends

Sample Learning Activities

- Role-play how you can help your special people at home
- Read a book together about getting bigger
- Using the pairs cards, match up the baby animal with its adult equivalent
- Invite a medical professional in to talk about her job
- Draw pictures of a friend. At the bottom of the picture write how they look after that friend or how their friend looks after them

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Vocabulary – Reception

Me & My Relationships		Valuing Difference		Keeping myself Safe	
special practice effort same different favourite family help people	friends help feelings happy sad emojis kind helpful	special likes dislikes favourite same different kind unkind	family home kind kindness new friend friendship kindness	keep clean keep safe sleep water food fresh air cuddle medicine safe	unsafe detective tummy feelings uncomfortable worried tell adult trust address

Rights and Responsibilities		Being My Best		Growing and changing	
family friends working together environment money look after responsibility litter shop save help each other help helpful	be alone caring pollution cost recycling pay electricity buy safe place	bounce back try food exercise routine encourage try again energy heart calm	bounce back grow sleep muscles healthy wash fruit vegetable dairy grow	seasons growing baby family baby private parts spring life cycles child baby child penis summer	teenager love teenager vulva autumn adult care adult winter old age grow cycle

Year 1 content

- Our special people
- Caring behaviour
- Respecting others
- Safe touch
- Unsafe secrets
- Friendship
- Communication
- Bullying
- Boundaries
- Privacy including naming genitals
- Feelings

Sample Learning Outcomes

- Recognise and name some of the qualities that make a person special to them
- Identify simple qualities of friendship
- Identify things they could do as a baby, a toddler and can do now
- Explain the difference between appropriate and inappropriate touch
- Identify who they can talk to if they feel uncomfortable about any secret they are told, or told to keep
- Identify parts of the body that are private

Vocabulary – Year 1

Me & My Relationships		Valuing Difference		Keeping myself Safe		
rules feelings hurt family friendship listening safe work together heal support	body language behaviour help special people making up responsibility emotions feelings	same unkind rules special people fair different unkindness safe qualities behaviour	unfair difference tease feelings kind respect teasing bully bullying	energy sleep feelings healthy dairy fruit vegetables sugar salt cereal meat trust	rest worried emotions safe nervousloss harmful privates air tired water	scared lost responsibility medicine food oxygen support exercise sleep grow unsafe

Rights and Responsibilities		Being My Best		Growing and changing	
hygiene environment needs money first aid routine responsible safe burn scald accident emergency	cost bank risk clean bills coin rules spending note danger afford worth hazard saving	starchy healthy germs praise behaviour dairy fruit disease practice support consequences protein vegetables hygiene make mistakes feedback	special person fruit spread confidence encourage promise vegetables meat achievement feelings vitamins sugar portion salt cereal	organ caring change unkind surprise privates heart love growing unkindness secret private tease uncomfortable penis	intestines teasing vulva brain bully hygiene stomach bullying oxygen witness digested experience lungs attention getting help

Year 2 content

- How my behaviour (positive or negative) affects others
- Becoming more independent
- Keeping themselves and others safe
- Growing from young to old and how people's needs change

Sample Learning Outcomes

- Identify some of the ways that good friends care for each other
- Know and use words and phrases that show respect for other people
- Explain where someone could get help if they were being upset by someone else's behaviour
- Identify situations in which they would need to say 'Yes', 'No', 'I'll ask', or 'I'll tell', in relation to keeping themselves and others safe.
- Identify the types of touch they like and do not like

Vocabulary – Year 2

Me & My Relationships		Valuing Difference		Keeping myself Safe		
happy rules feelings bullying friendly feelings safe friendly regular	showing feelings teasing help repeated friendship caring don't do that	unique feelings special people feelings kind listening respect behaviour help cooperate	listened to calm unkind listen aggressive problem solve kindness being	sleep safe touch surprise medicines unsafe feelings hurt secret safety	getting help tell uncomfortable safe worried someone you trust	genitals penis vulva private private parts consent permission secret

Rights and Responsibilities		Being My Best		Growing and changing	
responsibility feelings safe environment money help control unsafe responsibility spending	share erupt uniform saving take turns ask for help listen	vaccination teeth oxygen brain injection dental water heart disease hygiene food lungs exercise	stomach germs rest small intestine large intestine food water	help change growing unique genitals first aid support loss food special penis risk supportive rest vulva accident emotions	frightened care privacy hazard nervous learning nipples consent permission safe burn scald accident emergency sleep testicles private danger